



# COUPE DU QUÉBEC 2022

## July 30-31, 2022



Organizing authority: Association québécoise de voile adaptée (AQVA) in conjunction with the Pointe Claire Yacht Club

Pointe-Claire Yacht Club  
Pointe-Claire, Quebec, Canada

### Notice of Race

#### 1. RULES

1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing 2021-2024 and the 2016 Martin 16 Class Rules.

1.2 If there is a conflict between languages the English text will take precedence.

#### 2. ADVERTISING

2.1. Boats may be required to display advertising chosen and supplied by the organizing authority.

#### 3. ELIGIBILITY AND ENTRY

3.1. The regatta is open to all boats of the Martin 16 class

3.2. Coupe du Québec is a regatta for sailors with disabilities.

3.3. Competitors may enter Coupe du Québec by registering online at [aqva.org/montreal/coupe-du-quebec](http://aqva.org/montreal/coupe-du-quebec)

3.4. Competitors shall indicate on the entry form whether they wish to race in Gold fleet or Silver fleet. The Gold Fleet is recommended for experienced sailors who are comfortable in a racing fleet. The Silver Fleet is recommended for less experienced or novice sailors who will sail with a companion. The organizing committee reserves the right to move a sailor registered in Gold fleet to Silver fleet and vice versa.

#### 4. FEES

4.1 The entry fee is \$100. This fee includes continental breakfast each morning, a light lunch and the regatta banquet dinner.

#### 5. SCHEDULE

<b>Friday, July 29th</b>	15h00 – 21h00	Registration, boat splash
<b>Saturday, July 30th</b>	7h00 – 9h00	Registration – Silver Fleet only
	8h45	Skippers meeting
	9h00	Gold fleet dock start
	10h00	Gold fleet warning signal
	10h30	Silver fleet racing rules seminar (TBC)
	13h00	Silver fleet dock start
	14h00	Silver fleet warning signal
	17h00	Coach's debrief
	18h30	Regatta banquet
<b>Sunday, July 31st</b>	8h30	Silver fleet dock start
	9h30	Silver fleet warning signal
	12h30	Gold fleet dock start
	13h30	Gold fleet warning signal
	TBD	Prize giving ceremony

## **6. MEASUREMENT**

6.1 Martin 16 sailboats and equipment will not be measured prior to racing.

## **7. BOATS AND EQUIPMENT**

7.1 Boats and equipment must comply with the Martin 16 Class Rules

7.2 Competitors requiring a charter boat must indicate such on their entry form.

## **8. SAILING INSTRUCTIONS**

8.1 Sailing instructions will be available at registration as of 15h00 on July 29th.

## **9. VENUE**

9.1 Attachment A shows the location of the racing area

## **10. THE COURSES**

10.1 The diagram in Attachment B show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

## **11. PENALTY SYSTEM**

11.1 Rule 44.1 is changed so that the Two-Turns Penalty is replaced by a One-Turn Penalty

## **12. SCORING**

12.1 One race in each fleet is required to be completed to constitute a series.

12.2 When fewer than four races have been completed a boat's series score will be the total of her race scores.

12.3 When four races or more have been completed, a boat's score will be the total of her race scores excluding the worst score.

## **13. PRIZES**

13.1 Prizes will be awarded to the top three finishers in both Gold and Silver fleets.

13.2 The Coupe du Québec will be awarded to the top finisher in the Gold fleet.

13.3 The Peg Cup will be awarded to the top finisher in the Silver fleet.

## **14. DISCLAIMER OF LIABILITY**

14.1 Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

## **15. SAFETY**

15.1 Competitors shall wear life jackets or other adequate personal buoyancy devices at all times while on the dock and afloat.

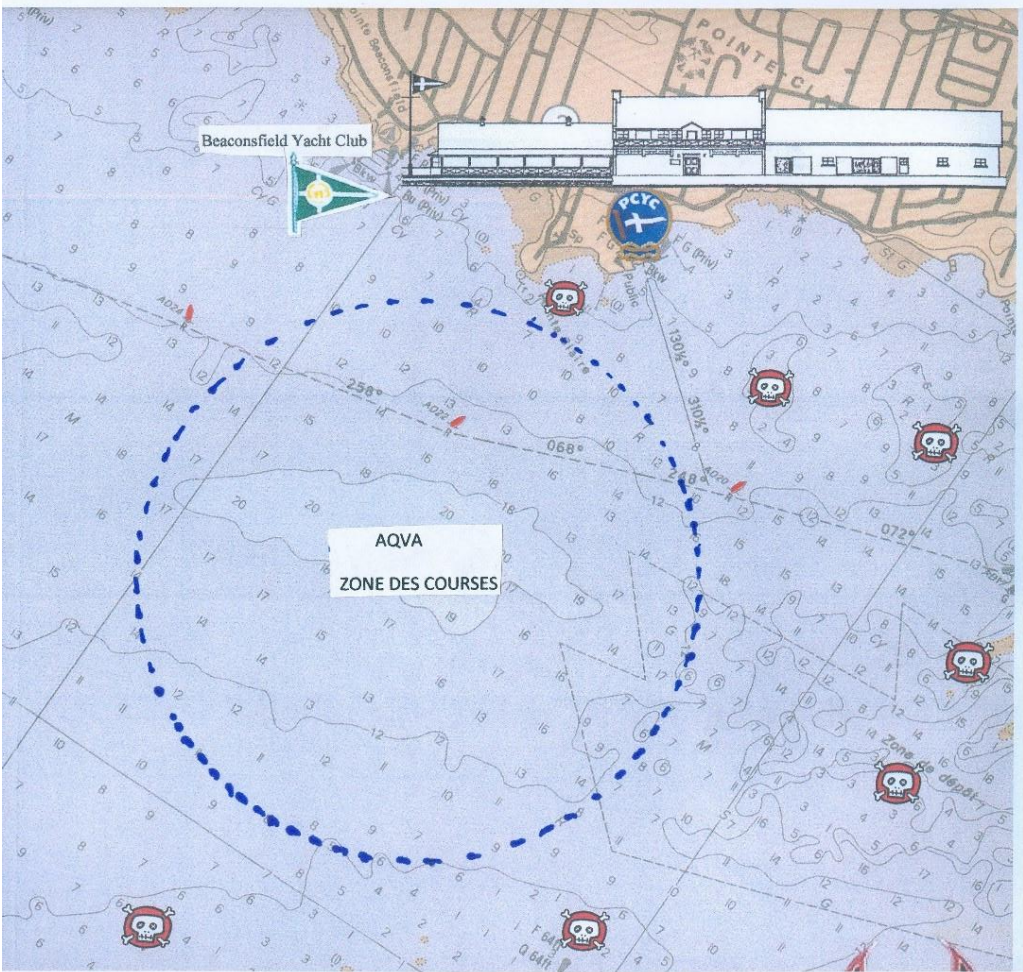
15.2 Sailing companions are mandatory for Silver fleet and optional for Gold fleet.

## **16. FURTHER INFORMATION**

16.1 Information on accommodations is available at [www.aqva.org](http://www.aqva.org)

16.2 Contact AQVA for further information. [pstone@aqva.org](mailto:pstone@aqva.org) or 514-694-8021

ATTACHMENT A



ATTACHMENT B

THE COURSE

