



Coupe du Québec 2018 July 28-29, 2018



Organizing authority: Association québécoise de voile adaptée (AQVA) in conjunction with the Pointe Claire Yacht Club

Pointe-Claire Yacht Club
Pointe-Claire, Quebec, Canada

Notice of Race

The regatta will be governed by the rules as defined in the Racing Rules of Sailing 2017-2020 and the 2016 Martin 16 Class Rules.

1. RULES

1.1. If there is a conflict between languages the English text will take precedence.

2. ADVERTISING

2.1. Boats may be required to display advertising chosen and supplied by the organizing authority.

3. ELIGIBILITY AND ENTRY

3.1. The regatta is open to all boats of the Martin 16 class

3.2. Coupe du Québec is a regatta for sailors with disabilities.

3.3. Competitors may enter Coupe du Québec by registering online at www.aqva.org

3.4. Competitors shall indicate on the entry form whether they wish to race in Gold fleet or Silver fleet. The Gold Fleet is recommended for experienced sailors who are comfortable in a racing fleet. The Silver Fleet is recommended for less experienced or novice sailors who will sail with a companion. The organizing committee reserves the right to move a sailor registered in Gold fleet to Silver fleet and vice versa.

4. FEES

4.1 The entry fee is \$75. This fee includes continental breakfast each morning, a light lunch and the Regatta Banquet Dinner.

5. SCHEDULE

Friday, July 27th	15h00 – 21h00	Registration, boat splash
Saturday, July 28th	7h00 – 9h00	Registration – Silver Fleet only
	8h45	Skippers meeting 9h00
	10h00	Gold fleet dock start
	10h30	Gold fleet warning signal
	13h00	Silver fleet racing rules seminar
	14h00	Silver fleet dock start
	17h00	Silver fleet warning signal
	18h30	Coach's debrief
		Regatta banquet
Sunday, July 29th	8h30	Silver fleet dock start
	9h30	Silver fleet warning signal
	12h30	Gold fleet dock start
	13h30	Gold fleet warning signal
	TBD	Prize giving ceremony

6. MEASUREMENT

6.1 Martin 16 sailboats and equipment will not be measured prior to racing.

7. BOATS AND EQUIPMENT

7.1 Boats and equipment must comply with the Martin 16 Class Rules

7.2 Competitors requiring a charter boat must indicate such on their entry form.

8. SAILING INSTRUCTIONS

8.1 Sailing instructions will be available at registration as of 15h00 on July 27th.

9. VENUE

9.1 The Pointe Claire Yacht Club is located at 1 Cartier Ave. Pointe-Claire, Quebec H9S 4H9. PCYC is located approximately 20 km west of downtown Montreal.

From highway 20 take exit 49 (Cartier Ave). The club entrance is about 1 km south of the exit.

10. THE COURSES

10.1 The diagram in Attachment A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

11. PENALTY SYSTEM

11.1 Rule 44.1 is changed so that the Two-Turns Penalty is replaced by a One-Turn Penalty

12. SCORING

12.1 One race in each fleet is required to be completed to constitute a series.

12.2 When four races or more have been completed, a boat's score will be the total of her race scores excluding the worst score.

13. PRIZES

13.1 Prizes will be awarded to the top three finishers in both Gold and Silver fleets.

13.2 The Coupe du Québec will be awarded to the top finisher in the Gold fleet.

13.3 The Peg Cup will be awarded to the top finisher in the Silver fleet.

14. DISCLAIMER OF LIABILITY

14.1 Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

15. SAFETY

15.1 Competitors shall wear life jackets or other adequate personal buoyancy devices at all times while on the dock and afloat. A whistle must be attached to every competitor's life jacket unless an exemption is granted. This changes the preamble to RRS Part 4 and RRS 40.

15.2 Sailing companions are mandatory for Silver fleet and optional for Gold fleet.

16. FURTHER INFORMATION

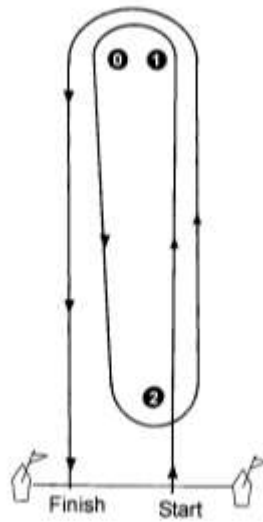
16.1 Information on accommodations is available at www.aqva.org

16.2 Contact AQVA for further information. aqva.coupe@gmail.com or 514-694-8021

ANNEXE « A »

THE COURSE

Leeward finish. Twice around.
Start-1-0-2-1-0-Finish



File: Course LF 2x.cdr
Course LF 2x.pdf